



# Consent & Physiotherapy

## Physiotherapy information for patients



Claremont Private Hospital  
401 Sandygate Road  
Sheffield S10 5UB

0114 263 0330  
info@claremont-hospital.co.uk  
claremont-hospital.co.uk

A Division of Aspen Healthcare Ltd.  
Centurion House, 37 Jewry Street London EC3N 2ER  
Registration No. 03471084 ©Aspen Healthcare Ltd 2019



issue Feb 2020 / review Feb 2022 / version 1



Welcome to exceptional healthcare



PART OF ASPEN HEALTHCARE

## Background

Consent to treatment means a person must give permission before they receive any type of medical treatment, test or examination. The principle of consent is an important part of the core standards of physiotherapy and must be sought on the basis of an explanation by your physiotherapist around each proposed intervention and examination.

## Defining Consent

For consent to be valid, it must be voluntary and informed, and the person consenting must have the capacity to make the decision. Informed means that you must be given all of the information about what the assessment/treatment involves, including the benefits and risks, whether there are reasonable alternatives, and what will happen if does not go ahead.

Implied consent, also known as non-verbal consent, is where you might indicate consent by

performing an action, such as holding out your arm for the physiotherapist to examine.

## Physiotherapy & Consent

We want you to feel safe and confident in the care you receive. Your physiotherapist will gain verbal consent and to some extent implied consent for your treatment. For certain types of assessments and interventions, you may be asked to give written consent. Your physiotherapist is always happy for you to ask questions during your session if you need further information about the treatments they are offering.

You have the right to refuse anything you are not happy with and this will not affect your relationship with the physiotherapist. You have the right to decline a type of treatment but change your mind at a later date. This often happens if your condition fails to respond to one intervention, and you wish to try another.

## Chaperones

You have the right to a chaperone at any point during your treatment and your physiotherapist may also request a chaperone to ensure your safety. The chaperone appointed will be a qualified member of staff. Please let us know as soon as possible if you wish to have a chaperone present.

## Your Therapist

You have the right to request to change your physiotherapist at any point and this will not affect the care you receive. If you would like to see another member of the team, please ask at reception or ask to speak to the Physiotherapy Manager.

## Consent from Children & Young People

Everyone aged 16 or older is presumed to be able to give consent for themselves, unless they have been assessed by their doctor/healthcare professional as incapable of understanding the proposed treatment.

If you have any questions regarding any of the information included in this leaflet, please do not hesitate to contact the Physiotherapy Department on **0114 263 2112**.