

Ultrasound examination

Patient information leaflet



Welcome to exceptional healthcare

This patient information sheet should answer any questions you have about your upcoming diagnostic test(s). If you still have any further queries, please do not hesitate to contact our Radiology Department. Contact details can be found on the back of this leaflet.

What is an ultrasound examination?

An ultrasound is a simple procedure which uses high frequency sound waves to create an image of part of the inside of the body. A small probe (called a transducer) is placed onto the skin and moved over the part of the body being examined. Ultrasound scans can be either external or internal depending on the part of the body that needs to be visualised.

It is very important that you follow the instructions outlined below. Failure to do so will result in delaying your procedure and may even result in us having to re-book your appointment.

Preparing for an abdominal ultrasound scan

Please do not eat anything for six hours before your appointment.

You may drink water and continue taking essential medication.

Preparing for a bladder, prostate or lower abdominal scan

- Empty your bladder two hours before the examination.
- One hour before your procedure, drink one pint of fluid.
- Do not pass urine again until after the examination.

Important: If you are a patient with Chronic Renal Failure (CRF) do not dehydrate. If you are diabetic please phone for further details.

If you have any queries regarding how to prepare for your ultrasound, please speak to one of our clinical staff.

Pelvic ultrasound

If you are having a pelvic ultrasound, please follow the specific advice in the Pelvic Ultrasound patient information leaflet.

What happens after the procedure?

The Consultant Radiologist will write up a report, usually within 48 hours and send this to your referring consultant. Please ensure you have made a follow up appointment with your referring doctor to discuss your results.

Important information for patients paying for their own treatment

We respectfully request that your account is settled either by insurance authorisation or payment at the time of your appointment.

Further information

Please do not hesitate to contact us if you have any further queries. Contact details can be found on the back of this leaflet.

If you would like a copy of this information in large print or an alternative language, please contact the Radiology Department.

Please note we are unable to provide child care facilities during your examination and children will be unable to accompany you into the examination rooms.

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Nova Healthcare

0113 206 7503

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Claremont Private Hospital

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Parkside Private Hospital

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Highgate Private Hospital

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The Edinburgh Clinic

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Midland Eye Clinic

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The Holly Private Hospital

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